

# DUBBUG

## Ride Programme: January to June 2014

Day/Date	Start	Meet Place	Grading	Km	Leader	Comments	Ride Details
5/01/2014	8:00 AM	Urunga BP	Easy	45	Colleen Henry	An oldie but a goodie, like most of us riders! Gentle hills and great coffee	<b>Bellingen Beauty</b> - an old favourite out to Bellingen via North Arm and back via South Bank, with coffee at the Butter Factory.
12/01/2014	8:00 AM	Urunga BP	Hard	116	Bettyanne Austen 0432510589	Good Training	<b>Nana Glen Tour</b> - Urunga > New Hwy Coffs > Bruxner Park > Nana Glen (Coffee) > Eastbank Rd > Coffs Harbour > Urunga
19/01/2014	8:00 AM	Macksville Pool	Medium	40	Colleen Henry	Rolling hills and great scenery on this easy ride	<b>Upper Warrell Creek Wander</b> - Macksville to the Pacific Highway junction of Upper Warrell Creek Road and return with coffee at Macksville.
26/01/2014 to 10/02/2014	N/A	Christchurch NZ	Moderate/Hard	?	Colleen Henry and Mike Flood	<b>Special itinerary -</b>	<b>New Zealand Trip Rides</b>
26/01/2014	8:00 AM	Urunga BP	Easy	50	George Smith 04 1918 2117	<b>Easy - For those crying at missing NZ</b>	<b>Jetty Jaunt:</b> Urunga to Jetty via Cycle paths return same way
2/02/2014	8:00 AM	Urunga BP	Moderate / Hard	77	George Smith 04 1918 2117	Hills, but nice Scenery - <b>For those crying at missing NZ</b>	<b>Bowraville Blitz:</b> Urunga to Bowraville via Wirrimbi. Return by Wilsons Rd and Macksville
9/02/2014	8:00 AM	Urunga BP	Moderate / Easy	55	George Smith 04 1918 2117	<b>Easy - For those crying at missing NZ</b>	<b>Ocean Ogle:</b> Urunga to Nambucca V Wall & return
16/02/2014	8:00 AM	Nambucca Visitors Information Centre	Hard	161 (100 Miles)	Phil Jones 0408652103	<b>"The 100 Miler"</b> Long, but mostly flat Ride.	<b>100 Miler:</b> Pacific Highway to Smithtown turn then Gladstone and follow Henry River to Crescent Head. NB Return Journey will either be via South Bank of the Henry or by New Kempsey deviation (That would be an additional 8 km.)
23/02/2014	?	Coffs Harbour	HARD	210+	Coffs Organisers	Not a DUBBUG Ride but some of our members will participate.	<b>Grafton Inverell Challenge?</b>
23/02/2014	8:00 AM	Urunga BP	Medium	60	Alan Brighton 04 2755 6028	Hills, but nice Scenery	<b>Gleniffer Galivant:</b> Gleniffer Hall ride Via Northbank Rd (Coffee at Butter Factory Bellingen)
2/03/2014	8:00 AM	Coffs City Centre	HARD	45	Ian Scott 0409766698	Hard because of hills	<b>Mount Brown Loop.</b> West along High Street, Coramba Road. Long hard climb up Red Hill. At Karangi turn left Upper Orara Rd. Right into North Island Loop. Right at Mount Brown Rd then right at Coramba Road. Back to the centre of Coffs for coffee

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9/03/2014	8:00 AM	Urunga BP	Easy	45	Alan Brighton 04 2755 6028		<b>Garden Mania Ride.</b> Old Hwy to Lyons Rd, New Hwy to Lindsays Rd then Lindsays to Garden Mania New Hwy Home
16/03/2014	8:00 AM	Urunga BP	Moderate to Hard	75?	Phil Jones 0408652103	<b>Small section of gravel</b>	<b>Thora Glory:</b> North Bank Rd to Gleniffer then via Summerville Rd to Thora - Bellingen - Home by Southbank Rd.
23/03/2014	8:00 AM	Urunga BP	Medium	45	Ian Scott 0409766698		<b>Toormina Nature Tour.</b> Up the new highway, Lyons Rd, Toormina Rd to Centro. Follow paths and tracks through prime Koala habitat to Garden Mania. Return along highway
30/03/2014	8:00 am 9:00 am	Urunga BP	Medium	46	Alan Brighton 04 2755 6028		<b>North Beach Ride:</b> New Hwy - Archville, Butlers Rd - Old Hwy - Lyons Rd, New Hwy - Mailmans - North Beach - Coffee Home via old Hwy.
6/04/2014	8:00 am 9:00 am	Urunga BP <b>Alternate Start Bunnings Roundabout Macca's</b>	Medium / Hard	99 50	George Smith 04 1918 2117	<b>Lots of hills</b>	<b>"Bucca T Ride"</b> Great scenery and a bit of a challenge. Out and back via Bruxner Park.
13/04/2014	8:00 AM	Urunga BP	Medium	65	Ian Scott 0409766698		<b>Coffs Creek cycleway.</b> Up the new highway to Coffs city centre then follow Coffs Creek cycleway. Back along new highway
20/04/2014	8:00 AM	Urunga BP	Medium	45	Bettyanne Austen 0432510589	<b>Some Hills</b>	<b>Reverse!</b> Southarm to Bello and Northbank back:)))
27/04/2014	8:00 am 9:00 am	Urunga BP <b>Alternate Start Coffs Catholic Club</b>	Hard	110 55	Phil Jones 0408652103	<b>Long uphill - Good descent</b>	<b>Lowanna Masochism:</b> Lowanna Via Coramba Rd and back.
4/05/2014	8:00AM 7:00 am	Top Pub Dorrigo <b>BP Urunga (Pick Up)</b>	Medium	36	George Smith 04 1918 2117	Up hill out Down Back	<b>Fernbrook Loop</b> - Very pretty scenery - (If you need pick up from Urunga call leader before the day)
11/05/2014	8:00 AM	Macksville Pool	Medium	60	Colleen Henry 0417 919 147	<b>Grassy Head Road hills made up for by great coffee</b>	<b>Scotts Head Loop</b> Counter clockwise. Macksville via Upper Warrell Creek Road to Pacific Highway, Stuarts Point, Scotts Head (coffee) and back to Macksville

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18/05/2014	8:00 AM	Urunga BP	Medium	60	Ian Scott 0409766698		<b>Coffs Cycleways.</b> Up the new highway then tour around Coffs using cycleways. Back along highway.
25/05/2014	8:00 AM	Urunga BP	Easy	40	Colleen Henry 0417 919 147		<b>Coastal Circuit</b> - Urunga, out Yellow Rock Road to the coast, back to Urunga then south to Valla Beach via Hungry Head and return.
1/06/2014	8:00 AM	Clybucca Service Station	Medium	?	Phil Jones 0408652103	<i>Can be Hard if Windy.</i>	<b>Lighthouse Flash:</b> Sth on Highway - left to Jerseyville - SWR for coffee - Smokey Cape Lighthouse then Back to Clybucca BP via Highway. via Gladstone and Highway.
8/06/2014	8:00AM 7:00 am	Top Pub Dorrigo <b>BP Urunga (Pick Up)</b>	Medium / Hard	40	Alan Brighton 04 2755 6028	Great Scenery - some hills	<b>Bostobrick Ride:</b> North Dorrigo Rd, Old Coast Rd, Bostobrick. Back to Dorrigo for Coffee
15/06/2014	8:00 AM	Macksville Pool	Moderate - Hard	110	George Smith 04 1918 2117	Not many hills - distance is the challenge	<b>Kempsey Surprise:</b> Macksville to Kempsey out via Kempsey By-Pass Return through Kempsey
22/06/2014	8:00 AM	Coffs Homebase	Medium	60?	Ian Scott 0409766698	<b>Depends on Highway Upgrade</b>	<b>Coffs to Woolgoolga.</b> Start at Homebase, ride sections of new highway and service roads to Woolgoolga and return.
29/06/2014	8:00 AM	Urunga BP	Easy	45	Alan Brighton 04 2755 6028		<b>Sawtell Surf Club Cycle:</b> New Hwy to Lyons Rd then Sawtell Surf Club. Home same route.